

## Chapter 1—Family Reading Resource Guide

# Chapter 1: Learning: A Good Beginning

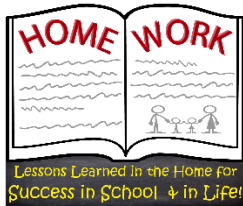
Below is a list of readings that support this chapter's topic. Each title contains a link to a dedicated webpage where the item can be purchased or downloaded (if available). Click on the blue text at the end of the title to activate the link. If the link provided is not longer valid, you can search for the title using the ISBN provided with each title.

***The Value of Learning: The Story of Marie Curie***, by Ann Donegan Johnson, Steve Pileggi (Illustrator) A brief biography emphasizing the importance of learning in the life of the scientist who was awarded the Nobel prize for her work in chemistry. 63 pages. Published August 1st 1978 by Value Communications (first published June 1978). **ISBN: 978-0916392185.** [Available at Goodreads](#)

***Motivated Minds: Raising Children to Love Learning***. Paperback–April 18, 2001, by Deborah Stipek Ph.D. (Author), Kathy Seal (Author). A practical guide to ensuring your child's success in school. Through extensive research, combined with ongoing classroom implementation of their ideas, Deborah Stipek, Dean of the School of Education at Stanford, and Kathy Seal have created a program that will encourage motivation and a love of learning in children from toddlerhood through elementary school. Stipek and Seal help parents create an enriching environment for their children at home that will mesh with the school experience and become a positive, effective climate for learning. **ISBN: 978-0805063950.** [Available at Amazon.](#)

***Motivating Students to Learn***. 4th Edition. by Kathryn R. Wentzel (Author), Jere E. Brophy (Author). Written specifically for teachers, *Motivating Students to Learn* offers a wealth of research-based principles on the subject of student motivation for use by classroom teachers. The fourth edition discusses specific classroom strategies by tying these principles to the realities of contemporary schools, curriculum goals, and classroom dynamics. This edition features new material on the roles that classroom goal setting, developing students' interest, and teacher-student and peer relationships play in student motivation. It has been reorganized to address six key questions that combine to explain why students may or may not be motivated to learn. **ISBN: 978-0415893527.** [Available at Amazon.](#)

***Chicken Soup for the Soul: Teens Talk Middle School: 101 Stories of Life, Love, and Learning for Younger Teens***. Paperback by Jack Canfield (Author), Mark Victor Hansen (Author). The stories in this book cover topics important to the 12 to 14-year-old age range, including regrets and lessons learned, discovering the opposite sex, cliques and popularity, and new privileges and responsibilities such as jobs, cell phones, and grades. **ISBN: 978-1935096269.** [Available at Amazon.](#)



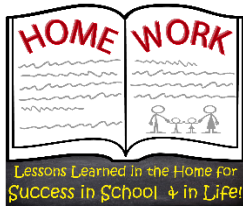
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***Eager to Learn: Helping Children Become Motivated and Love Learning.*** Author: Raymond J. Wlodkowski. This book provides parents and teachers with proven techniques that encourage motivation, help instill a lasting love of learning, and make acquiring knowledge an enjoyable experience. This practical guide tackles the hard questions. How do children develop problem-solving skills? How do parents reduce anxiety over tests and grades? How do families overcome TV, boredom, and homework ills? How do we forge better parent-teacher relationships? The authors show that by encouraging and supporting children in learning, parents and teachers cultivate in them a precious gift that lasts a lifetime. **ISBN: 978-1555423674. [Available at Amazon.](#)**

***The Learning Habit: A Groundbreaking Approach to Homework and Parenting that Helps Our Children Succeed in School and Life.*** Authors: Stephanie Donaldson-Pressman, Rebecca Jackson, Dr. Robert Pressman. 2014. A groundbreaking approach to building learning habits for life, based on a major new study revealing what works – and what doesn't. Life is different for kids today. This important and parent-friendly book presents new solutions based on the largest study of family routines ever conducted. *The Learning Habit* offers a blueprint for navigating the maze of homework, media use, and the everyday stress that families with school-age children face; turning those "stress times" into opportunities to develop the eight critical skills kids will need to succeed in college and in the highly competitive job market of tomorrow. **ISBN: 978-0399167119. [Available at Amazon.](#)**

***Steamboat School.*** Author: Deborah Hopkinson. Illus. by Ron Husband. Disney/Jump at the Sun. *Missouri, 1847*—Based on true events, Ron Husband's uplifting illustrations bring to life Deborah Hopkinson's tale of a resourceful, determined teacher; his bright, inquisitive students; and their refusal to accept discrimination based on the color of their skin. **ISBN: 978-1423121961. [Available at Amazon.](#)**

***Brown v. Board of Education: A Fight for Simple Justice.*** Author: Susan Goldman Rubin. Award-winning author Susan Goldman Rubin tells the stories behind the ruling and the people responsible for it. She brings readers up to date with a country still grappling with a public school system not yet fully desegregated. Timeline, source notes and index are included. **ISBN: 9 978-0823436460. [Available at Amazon.](#)**



## Chapter 2—Family Reading Resource Guide

# Chapter 2: Responsibility: A Basic Skill

Below is a list of readings that support this chapter's topic. Each title contains a link to a dedicated webpage where the item can be purchased or downloaded (if available). Click on the blue text at the end of the title to activate the link. If the link provided is not longer valid, you can search for the title using the ISBN provided with each title.

### Elementary

***Where the Wild Things Are.*** Author: Maurice Sendak. A story of a little boy and main character of the story, named Max. After his mother sends him to bed without dinner, Max falls asleep and his room immediately transforms into a moonlit forest surrounded by a vast ocean. **ISBN: 978-0064431781.**

[Available at Amazon.](#)

***I Just Forgot.*** Author: Mercer Mayer. Little Critter is having a very forgetful day in this classic, funny, and heartwarming book. Whether he's forgetting his lunchbox, forgetting to put on his rain boots, or forgetting to turn off the water, both parents and children alike will relate to this beloved story. A perfect way to teach children about responsibility! **ISBN: 978-0307119759.** [Available at Amazon.](#)

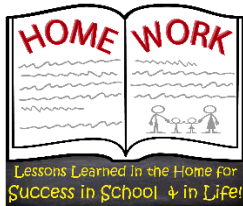
***Arthur's Pet Business.*** Author: Marc Brown. PBS's beloved character Arthur starts his own pet-sitting business to show Mom and Dad that he can be responsible! Between the boa constrictor, an ant farm, and a group of frogs, however, he's got his hands full! **ISBN: 978-0316113168.** [Available at Amazon.](#)

***Strega Nona.*** Author: Tomie dePaola. When Strega Nona leaves him alone with her magic pasta pot, Big Anthony is determined to show the townspeople how it works in this classic Caldecott Honor. Author-illustrator Tomie dePaola combines humor in the writing and warmth in the paintings as he builds the story to its hilarious climax. **ISBN: 978-0671666064.** [Available at Amazon.](#)

### Preteen/Teen

***Seedfolks.*** Author: Paul Fleischman. Newbery Medal-winning *Seedfolks* tells 13 stories from diverse perspectives—young and old, immigrant and native, haunted and hopeful. A fractured neighborhood unites with just a few seeds, turning a drab empty lot in Cleveland into beautiful green garden. **ISBN: 978-0064472074.** [Available at Amazon.](#)

***Rocky Road.*** Author: Rose Kent. This moving story of family, community, and ice cream proves that with a little help from the people around us, life really can be sweet-and a little nutty-just like Rocky Road. **ISBN: 978-0375863455.** [Available at Amazon.](#)



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### Additional Titles to Explore

***The Berenstain Bears and the Messy Room.*** Authors: Stan and Jan Berenstain. This story is a good way to teach children about tidying up, organization, and taking good care of their belongings. **ISBN: 978-0394856391.** [Available at Amazon.](#)

***Being Responsible: A Book About Responsibility.*** Author: Mary Small. Explains many different ways that children can be responsible and show responsibility. **ISBN: 978-1404810525.** [Available at Amazon.](#)

***If Everybody Did.*** Author: Jo Ann Stover. The hilarious and terrible consequences of everyone doing his own thing are portrayed by author/artist Jo Ann Stover in *If Everybody Did*. Children and adults alike will enjoy this precautionary tale with its concise rhyming text, and amusing illustrations. **ISBN: 978-0890844878.** [Available at Amazon.](#)

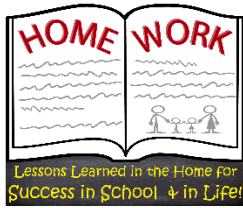
***If You Made a Million.*** Author: David M. Schwartz. Marvelosissimo the Mathematical Magician is ready, willing, and able to explain the nuts and bolts—as well as the mystery and wonder—of earning money, investing it, accruing dividends and interest, and watching savings grow. Hey, you never know! **ISBN: 978-0688136345.** [Available at Amazon.](#)

***You Can Count on Me: Learning About Responsibility.*** Author: Regina G. Burch. A book that helps children learn about responsibility. Activities such as feeding the family pet, doing homework, keeping promises, sharing with someone who has had an unfortunate loss of their snack, and cleaning up are among the topics covered in this 16-page book. **ISBN: 978-1574718300.** [Available at Amazon.](#)

***Do I Have To?: Kids Talk About Responsibility.*** Author: Nancy Loewen. Uses an advice-column format to define responsibility as a character value and demonstrate how it can be used in daily situations. **ISBN: 978-1404803633.** [Available at Amazon.](#)

***The Kid Who Ran for President.*** Author: Dan Gutman. Humor, adventure, and excitement will draw kids into the world of elections and politics. This is a delightful, fast-paced, funny, and surprising account of a boy's run for the Oval Office in the year 2000. Under the tutelage of his brainy friend and self-appointed campaign manager, the affable sixth-grader takes on the Democrats and Republicans as a Third-Party candidate who can make waves. **ISBN: 978-0545442138.** [Available at Amazon.](#)

***Doing Good Together: 101 Easy, Meaningful Service Projects for Families, Schools, and Communities.*** Authors: Jenny Friedman, Ph.D., and Jolene Roehlkepartain. *Doing Good Together* answers the growing demand for family volunteerism with 101 hands-on service projects focused on easing poverty, promoting literacy, supporting the troops, helping the environment, and more. Each project provides time requirements, materials list, step-by-step instructions, debriefing questions, recommended

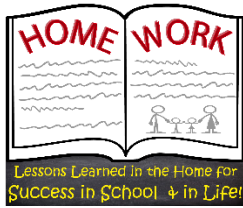


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books for kids and teens, and ideas for extending the activity. **ISBN: 978-1575423548.** [Available at Amazon.](#)

***Giant Steps to Change the World.*** Authors: Spike Lee and Tonya Lewis Lee. *Giant Steps to Change the World* encourages readers to follow in the footsteps of those who came before, to reject fears of inadequacy, and to ponder what they can contribute to society. Using examples of people throughout history who have taken "giant steps," this book urges kids to follow in their footsteps and not be hindered by fear or a sense that you are not good enough. **ISBN: 978-0689868153.** [Available at Amazon.](#)

***It's Your World: Get Informed, Get Inspired & Get Going!*** Author: Chelsea Clinton. Chelsea Clinton combines facts, charts, photographs and stories to give readers a deep understanding of the world around them—and how anyone can make a difference. With stories about children and teens who have made real changes big and small in their families, their communities, in our country and across the world, this book will inspire readers of all ages to do their part to make our world a better place. **ISBN: 978-0399176128.** [Available at Amazon.](#)



## Chapter 3—Family Reading Resource Guide

# Chapter 3: Encouragement: A Critical Component

Below is a list of readings that support this chapter's topic. Each title contains a link to a dedicated webpage where the item can be purchased or downloaded (if available). Click on the blue text at the end of the title to activate the link. If the link provided is not longer valid, you can search for the title using the ISBN provided with each title.

### Elementary

***Dreams to Grow On.*** Author: Christine Hurley Deriso. *In Dreams to Grow On*, we follow an imaginative young girl as she explores exciting possibilities for her future. A rich blend of Christine Hurley Deriso's lyrical verse and Matthew Archambault's vibrant oil paintings, this story encourages young people to let their imaginations soar. Readers of all ages will be inspired to "try on" new dreams of their own. **ISBN: 978-0970190727.** [Available at Amazon.](#)

***Four Feet, Two Sandals.*** Authors: Khadra Mohammed, Karen Lynn Williams. *Four Feet, Two Sandals* was inspired by a refugee girl who asked the authors why there were no books about children like her. With warm colors and sensitive brush strokes, this book portrays the strength, courage, and hope of refugees around the world, whose daily existence is marked by uncertainty and fear. **ISBN: 978-0802852960.** [Available at Amazon.](#)

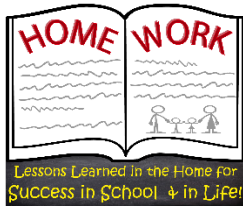
***Giraffes Can't Dance.*** Author: Giles Andreae. Illustrator: Guy Parker-Rees. *Giraffes Can't Dance* is a touching tale of Gerald the giraffe, who wants nothing more than to dance. With crooked knees and thin legs, it's harder for a giraffe than you would think. Gerald is finally able to dance to his own tune when he gets some encouraging words from an unlikely friend. **ISBN: 978-0545392556.** [Available at Amazon.](#)

***I Like Myself.*** Author: Karen Beaumont. High on energy and imagination, this ode to self-esteem encourages kids to appreciate everything about themselves--inside and out. **ISBN: 978-0547401638.** [Available at Amazon.](#)

***Life Doesn't Frighten Me.*** Author: Maya Angelou. Maya Angelou's poem celebrates the courage within each of us, young and old. From the scary thought of panthers in the park to the unsettling scene of a new classroom, fearsome images are summoned and dispelled by the power of faith in ourselves. **ISBN: 978-1556702884.** [Available at Amazon.](#)

***Unstoppable Me! 10 Ways to Soar Through Life.*** Authors: Wayne W. Dye with Kristina Tracy. The 10 important lessons in this book include the value of taking risks, dealing with stress and anxiety, and learning to enjoy each moment. Each point includes an example showing how a child might apply the concept in his or her everyday life. There are questions at the end of the book to help spark discussion and to further reinforce Wayne's message. **ISBN: 978-1401911867.** [Available at Amazon.](#)

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### Pre-teens/Teens

***The 7 habits of Highly Effective Teens.*** Author: Covey, Sean. Based on his father's bestselling *The 7 Habits of Highly Effective People*, Sean Covey applies the same principles to teens, using a vivacious, entertaining style. To keep it fun, Covey writes, he "stuffed it full of cartoons, clever ideas, great quotes, and incredible stories about real teens from all over the world... along with a few other surprises." Covey's humorous and up-front style is just light enough to be acceptable to wary teenagers, and down-and-dirty enough to really make a difference. **ISBN: 978-0762414741. [Available at Amazon.](#)**

***What Color Is Your Parachute for Teens.*** Authors: Richard N. Bolles, Carol Christen. *What Color Is Your Parachute? For Teens* helps teens plan for what comes after graduation by defining their unique passions that will lead them to their dream jobs. With new chapters on social media and sustainable jobs—along with all-new profiles of twentysomethings who've found work in solar energy, magazine writing, and more—this book has all the nitty-gritty details you need to get started now.. **ISBN: 978-1580081412. [Available at Amazon.](#)**

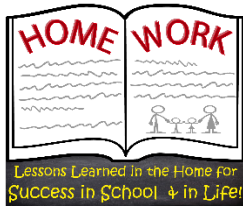
***Help Yourself for Teens: Real- Life Advice for Real-Life Challenges.*** Author: Dave Pelzer,. Dave Pelzer, author of the acclaimed, best-selling books *A Man Named Dave* and *Help Yourself*, continues his tireless crusade against despair with **Help Yourself for Teens**, an uplifting new book written specifically for young adults. **ISBN: 978-0452286528. [Available at Amazon.](#)**

### Additional Titles to Explore

***I Wish You More.*** Author: Amy Krouse Rosenthal. A book of endless good wishes for curiosity and wonder, for friendship and strength, laughter and peace. Whether celebrating life's joyous milestones, sharing words of encouragement, or observing the wonder of everyday moments, this book is perfect for wishers of every age. **ISBN: 978-1452126999. [Available at Amazon.](#)**

***A Teaspoon of Courage for Kids.*** Author: Bradley Trevor Greive. *A Teaspoon of Courage for Kids* offers a humorously warm and courageously supportive story line for those days when your child would rather crawl back under the covers than face up to a bully or take that dreaded test. It offers practical tips for courageous living. **ISBN: 978-0740769498. [Available at Amazon.](#)**

***Girls Who Grew Up Great: A Book of Encouragement for Girls About Amazing Women Who Dared to Dream.*** Author: Gwendolyn Gray. Stories of some daring women who made a huge difference in the world. It's full of stories about girls who, as they grew up, dared to dream, conquered challenges, and made a better world for us all. The book includes words of wisdom from other women, like Susan B. Anthony, Helen Keller, Marie Curie, Anne Frank, Sheryl Swoopes, and Amelia Earhart. **ISBN: 978-0883967522. [Available at Amazon.](#)**



### Chapter 3—Family Reading Resource Guide

***Mo' Letters to Young Black Men: More Advice & Encouragement for a Difficult Journey.*** Author: Daniel Whyte III. In this sequel to the bestselling book, *Letters to Young Black Men: Advice & Encouragement for a Difficult Journey*, Daniel Whyte III addresses more issues facing young black men in today's world. In *Mo' Letters to Young Black Men*, he writes about such issues as: relationships, race, and much more. **ISBN: 978-0976348771.** [Available at Amazon.](#)

***Required Reading for All Teenagers.*** Author: Douglas Pagels. This book combines the words of Douglas Pagels with the writings of famous, insightful people from the realms of sports and entertainment. It is a resource for caring and concerned parents who want to share some solid advice on how to both survive and thrive in the teenage years. **ISBN: 978-1598425994.** [Available at Amazon.](#)

***June Peters, You Will Change the World One Day.*** Author: Alika Turner. *June Peters, You Will Change the World One Day* aims to encourage young children by teaching them the value of giving back to others. Through this book, children will learn that at any age they can make a difference in the world around them. June, is a natural-born giver always putting the needs of others before her own. This book is thought-provoking and exciting, parents and children will both enjoy reading it. **ISBN: 978-0996877510.** [Available at Amazon.](#)

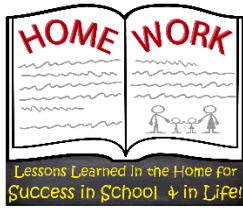
***Curious You: On Your Way!*** Author: H.A. Rey. *Curious You: On Your Way!* helps to celebrate all the milestones of life. This inspirational story reminds readers young and old who are moving up or moving on that they have a special someone cheering for them as far as their curiosity can take them! **ISBN: 978-0618919758.** [Available at Amazon.](#)

***Oh, the Places You'll Go!*** Author: Dr. Seuss. From the award-winning and creative Dr. Seuss comes this milestone recognition book for young kindergarten graduates. Seuss' message is simple but never sappy: life may be a 'Great Balancing Act,' but through it all 'There's fun to be done.'" **ISBN: 978-0375972959.** [Available at Amazon.](#)

***Stand Tall, Stand Proud, and Aspire: A Book of Encouragement for Young Men of Today.*** Author: Dr. Andrea Berry-Opher. This book offers young men positive and diverse role models who they place in their repertoire as they mold their personalities, character, and lives. The leaders mentioned in this story have a positive impact on their communities and the nation. Many of them are icons both nationally and internationally. **ISBN: 978-1499050387.** [Available at Amazon.](#)

***I Knew You Could!: A Book for All the Stops in Your Life.*** Author: Craig Dorfman. The determined Little Blue Engine is back, bringing inspiring and enlightening words of wisdom to graduates of all ages as they make the transition from one phase of life to the next. Readers will revisit the story again and again as they move forward along life's path. From "I think I can" to "I knew I could," *The Little Engine That Could*





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helps kids of all ages realize that anything is possible if you just put your mind to it. **ISBN: 978-0439672498. [Available at Amazon.](#)**

***The Dot.*** Author: Peter H. Reynolds. Her teacher smiled. In this inspiring, award-winning story of self-expression and creativity from Peter H. Reynolds, illustrator of *Ish* and the *Judy Moody* series, Vashti thinks she can't draw. But her teacher is sure that she can. Peter H. Reynolds encourages even the stubbornly uncreative among us to make a mark - and follow where it takes us **ISBN: 978-1844281695. [Available at Amazon.](#)**

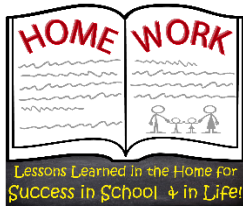
***Looking for My Purpose In Life: A Children's Book of Encouragement.*** Author: Cynthia D. Johnson. Written to all young children of all nationalities, colors, genders and economic status. encouraging them to be empowered to venture out to find their purpose in life. A book of a poetic nature, full of excitement and fun. Children need to build and expand on their imagination to think about what it is they want for their future and step out without being fearful of what others may or may not think about them. **ISBN: 978-1545230145. [Available at Amazon.](#)**

***Jabari Jumps.*** Author: Gaia Cornwall. In a sweetly appealing tale of overcoming your fears, Gaia Cornwall captures a moment between a patient, encouraging father and a determined little boy you can't help but root for. **ISBN: 978-0763678388. [Available at Amazon.](#)**

***I Believe in You.*** Author: Marianne Richmond. *I Believe in You* showcases the spirit of a parent who is on a child's team no matter what. *I Believe in You* evocatively portrays the complex and tender emotions all parents have for their children. **ISBN: 978-1402262999. Available at: [www.amazon.com](https://www.amazon.com/I-Believe-You-Marianne-Richmond/dp/140226299X/ref=tmm_hrd_swatch_0?encoding=UTF8&qid=&sr=)**  
[https://www.amazon.com/I-Believe-You-Marianne-Richmond/dp/140226299X/ref=tmm\\_hrd\\_swatch\\_0?encoding=UTF8&qid=&sr=](https://www.amazon.com/I-Believe-You-Marianne-Richmond/dp/140226299X/ref=tmm_hrd_swatch_0?encoding=UTF8&qid=&sr=)

***We're All Wonders.*** Author. R.J. Palacio. *We're All Wonders* shows readers what it's like to live in Auggie's world—a world in which he feels like any other kid, but he's not always seen that way. *We're All Wonders* taps into every child's longing to belong and to be seen for who they truly are. It's the perfect way for families and educators to talk about empathy and kindness with young children. **ISBN: 978-1524769543. [Available at Amazon.](#)**

***The Wonderful Things You Will Be.*** Author: Emily Winfield Martin. Emily Winfield Martin's rhythmic rhyme expresses all the loving things that parents think of when they look at their children. With beautiful, and sometimes humorous, illustrations, and a clever gatefold with kids in costumes, this is a book grown-ups will love reading over and over to kids—both young and old. **ISBN: 978-0385376716. [Available at Amazon.](#)**

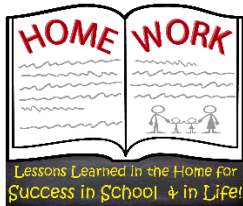


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***Go Louis!*** Author: Lisa Harris. With the help of Miss Mayberry, a few neighbors and the most popular girl in fifth-grade, Louis finds himself on the starting line of the Bunker County Bike Racing Championship! The odds are against him, but they believe he can win. Can he? **ISBN: 978-1542513647.** [Available at Amazon.](#)

***I Believe in You.*** Author: Marianne Richmond. This book showcases the spirit of a parent who is on a child's team no matter what. From a best-selling author, Marianne's evocative text and beautiful illustrations will speak straight to a parent's heart, exploring that feeling of unwavering support, portraying the complex and tender emotions parents have for their children. **ISBN: 978-1402263446.** [Available at Amazon.](#)



## Chapter 4—Family Reading Resource Guide

# Chapter 4: Persistence: Hang in There

Below is a list of readings that support this chapter's topic. Each title contains a link to a dedicated webpage where the item can be purchased or downloaded (if available). Click on the blue text at the end of the title to activate the link. If the link provided is not longer valid, you can search for the title using the ISBN provided with each title.

### Elementary

***Flight School***. Author: Lita Judge. A persevering penguin is determined to fly in this adorably inspiring picture book from the creator of *Red Hat* and *Red Sled*. ISBN: 978-1442481770. [Available at Amazon.](#)

***The Most Magnificent Thing***. Author: Ashley Spires. For the early grades' exploration of character education, this funny book offers a perfect example of the rewards of perseverance and creativity. ISBN: 978-1554537044. [Available at Amazon.](#)

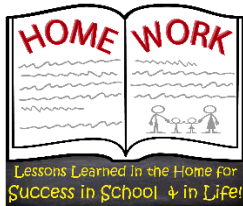
***Amazing Grace***. Author: Mary Hoffman. With the support of her family, Grace learns that she can be anything she wants to be, and the results are amazing! Remarkable watercolor illustrations give full expression to Grace's high-flying imagination. ISBN: 978-0395810873. [Available at Amazon.](#)

### Pre-teen/Teen

***Winterdance: The Fine Madness of Running the Iditarod***. Author: Gary Paulsen. Author Gary Paulsen and his team of dogs personify persistence by enduring snowstorms, frostbite, dogfights, moose attacks, sleeplessness, and hallucinations in their relentless push to go on. ISBN: 978-0156001458. [Available at Amazon.](#)

***Letters from Rifka***. Author: Karen Hesse. Told in the form of "letters" written by Rifka in the margins of a volume of Pushkin's verse and addressed to a Russian relative, Hesse's vivacious tale colorfully and convincingly refreshes the immigrant experience. Ages 9-12. ISBN: 978-0312535612. [Available at Amazon.](#)

***The Boy Who Invented TV: The Story of Philo Farnsworth***. Author: Kathleen Krull. Plowing a potato field in 1920, a 14-year-old farm boy from Idaho saw in the parallel rows of overturned earth a way to "make pictures fly through the air." This fascinating picture-book biography of Philo Farnsworth covers his early interest in machines and electricity, leading up to how he put it all together in one of the greatest inventions of the 20<sup>th</sup> century. ISBN: 978-0385755573. [Available at Amazon.](#)



## Chapter 4—Family Reading Resource Guide

***Black Whiteness: Admiral Byrd Alone in the Antarctic.*** Author: Robert Burleigh. This riveting account of Admiral Byrd's winter by himself in Antarctica was named an Orbis Pictus Honor Book and includes dramatic, full-color illustrations capture the courage of Byrd's amazing ordeal. **ISBN: 978-1442453340.** [Available at Amazon.](#)

### Additional Titles to Explore

***Emmanuel's Dream: The True Story of Emmanuel Ofosu Yeboah.*** Author: Laurie Thompson. This picture book biography tells the true story of Emmanuel Ofosu Yeboah, who bicycled across Ghana, nearly 400 miles, with only one leg. His perseverance and achievement changed how his country viewed people with disabilities, and he shows us all that one person really can change the world. **ISBN: 978-0449817445.** [Available at Amazon.](#)

***A Chair for My Mother.*** Author: Vera B. Williams. After their home is destroyed by a fire, Rosa, her mother, and grandmother save their coins to buy a comfortable chair for all to enjoy. A picture book "expressing the joyful spirit of a loving family." **ISBN: 978-0688040741.** [Available at Amazon.](#)

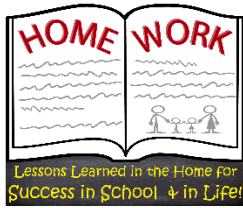
***Salt in His Shoes: Michael Jordan in Pursuit of a Dream.*** Authors: Deloris Jordan and Roslyn M. Jordan. Deloris Jordan, mother of the basketball phenomenon Michael Jordan, teams up with his sister Roslyn to tell this heartwarming and inspirational story of Michael's perseverance and success. It's a tale about faith, hope and how any family working together can help a child make his/her dreams come true. **ISBN: 978-0689834196.** [Available at Amazon.](#)

***The Curious Garden.*** Author: Peter Brown. This is an enchanting tale with environmental themes and breathtaking illustrations that become more vibrant as the garden blooms. Red-headed Liam can also be spotted on every page, adding a clever seek-and-find element to this captivating picture book. **ISBN: 978-0316015479.** [Available at Amazon.](#)

***Wilma Unlimited.*** Author: Kathleen Krull. This dramatic and inspiring true story of the first American woman to win three Olympic gold metals is illustrated in bold watercolor and acrylic paintings by Caldecott Medal-winning artist David Diaz. **ISBN: 978-0152020989.** [Available at Amazon.](#)

***Rosie Revere, Engineer.*** Author: Andrea Beaty. When her great-great-aunt Rose (Rosie the Riveter) comes for a visit and mentions her one unfinished goal, to fly, Rosie sets to work building a contraption to make her aunt's dream come true. Aunt Rose insists that Rosie's contraption was a raging success. You can only truly fail, she explains, if you quit. **ISBN: 978-1419708459.** [Available at Amazon.](#)

***Oh, the Places You'll Go!*** Author: Dr. Seuss. From the award-winning and creative Dr. Seuss comes this milestone recognition book for young kindergarten graduates. Seuss' message is simple but never sappy: life may be a 'Great Balancing Act,' but through it all 'There's fun to be done.'" **ISBN: 978-0375972959.** [Available at Amazon.](#)



## Chapter 4—Family Reading Resource Guide

***Horton Hears a Who!*** Author: Dr. Seuss. In *Horton Hears a Who!* readers discover that “a person’s a person, no matter how small.” Thanks to the irrepressible rhymes and eye-catching illustrations, young readers will learn kindness and perseverance from the very determined, very endearing, Horton the elephant. **ISBN: 978-0394800783.** [Available at Amazon.](#)

***Growing Up Pedro: How the Martinez Brothers Made It from the Dominican Republic All the Way to the Miami Leagues.*** Author: Matt Tavares. Matt Tavares tells the story of how Pedro Martínez’s dream of becoming a major-league player came true. In a fitting homage to a modern-day baseball star, the acclaimed author-illustrator examines both Pedro Martínez’s improbable rise to the top of his game and the power that comes from the deep bond between brothers. **ISBN: 978-0763693114.** [Available at Amazon.](#)

***Henry’s Freedom Box: A True Story from the Underground Railroad.*** Author: Ellen Levine. A stirring, dramatic story of a slave who mails himself to freedom. **ISBN: 978-0545105606.** [Available at Amazon.](#)

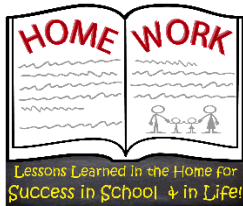
***Moses: When Harriet Tubman Led Her People to Freedom.*** Author: Carole Eaton Weatherford. In this picture book, Weatherford depicts Harriet Tubman’s initial escape from slavery and her mission to lead others to freedom as divinely inspired, and achieved by steadfast faith and prayer. The author frames the text as an ongoing dialogue between Tubman and God, inserting narration to move the action along. On the eve of her being sold and torn from her family, Tubman prays in her despair. In response, “God speaks in a whip-poor-will’s song. ‘I set the North Star in the heavens and I mean for you to be free.’ ” The twinkling star encourages Tubman, and makes this read like a dramatic play. Tubman became known as the Moses of her people. A foreword introduces the concept of slavery for children and an author’s note includes a brief biography of Tubman. Ages 5-8. **ISBN: 978-0786851751.** [Available at Amazon.](#)

***Firebird: Ballerina Misty Copeland Shows a Young Girl How to Dance Like the Firebird.*** Author: Misty Copeland. In this delightful picture book, Misty Copeland tells the story of a young girl, an every girl, whose confidence is fragile, and who is questioning her own ability to reach the heights that Misty has reached. Misty encourages this young girl’s faith in herself and shows her exactly how, through hard work and dedication, she too can become a Firebird. **ISBN: 9780399166150.** [Available at Amazon.](#)

***The Language of Angels: A Story About the Reinvention of Hebrew.*** Author: Richard Michelson, and Karla Gudeon (illustration). In 1885, Hebrew was in danger of being lost until Ben Zion and his father got involved. Through the help of his father and a community of children, Ben modernized the ancient language. Historically influenced dialogue, engaging characters, and colorful art offer a linguistic journey about how language develops and how one person’s perseverance can make a real difference. **ISBN: 978-1580896368.** [Available at Amazon.](#)

***Swamped!*** Author: Ingrid Sawubona. Hershel has decided to leave the muggy, dark swamp for good, and he sets sail for a little place in the sun. The journey is long and the road is very perilous indeed, but Hershel’s determination and perseverance make his life better. **ISBN: 978-0998748306.** [Available at Amazon.](#)

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## Chapter 4—Family Reading Resource Guide

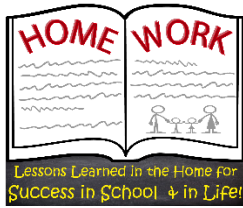
***Gigantic Little Hero: A Story About Perseverance.*** Author: Matt Whitlock. In this cute story, an ant who lacks confidence seeks the aid of a spider and a grasshopper, who suddenly leave him in a lurch. With the help of his friends, however, the ant discovers a special secret about himself. **ISBN: 978-0781435178.**

[Available at Amazon.](#)

***The Principles of Our World – Perseverance: A collection of stories about how the Principles of Perseverance can help us.*** Author: David Anthony Esposito. In a series of real-life stories, readers will be introduced to the principle of perseverance. The stories are meant to remind all of us about the importance of perseverance in our lives. This is part of a series of books that provide parents and teachers with the opportunity to read to young children (ages 4+) and talk about a variety of situations they will experience in life. **ISBN: 978-0692280362.** [Available at Amazon.](#)

***Dory Fantasmagory: Dory Dory Black Sheep.*** Author: Abby Hanlon. In her third book, Dory takes reluctant reading to new heights with a story that is as one-of-a-kind and hilarious as she is. **ISBN: 978-1101994276.** [Available at Amazon.](#)

***I Dissent: Ruth Bader Ginsburg Makes Her Mark.*** Author: Debbie Levy. Supreme Court justice Ruth Bader Ginsburg is celebrated in the first picture book about her life. She proves that disagreeing does not make you disagreeable. **ISBN: 978-1481465595.** [Available at Amazon.](#)



## Chapter 5—Family Reading Resource Guide

# Chapter 5: Honesty: A Guiding Principle

Below is a list of readings that support this chapter's topic. Each title contains a link to a dedicated webpage where the item can be purchased or downloaded (if available). Click on the blue text at the end of the title to activate the link. If the link provided is not longer valid, you can search for the title using the ISBN provided with each title.

### Elementary

***The Honest-to-Goodness Truth.*** Author: Patricia McKissack. Children know just how difficult it is to find that balance between a lie and the honest-to-goodness truth. Award-winning author Patricia McKissack teams up with acclaimed illustrator Giselle Potterto create a witty, touching story that will sound quite familiar to anyone who has ever struggled with just this quandary. **ISBN: 978-0689853951.** [Available at Amazon.](#)

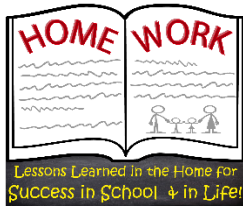
***Edwurd Fudwupper Fibbed Big.*** Author: Berkeley Breathed. Fannie Fudwupper's big brother, Edwurd, spends his time cooking up big fibs full of phooey and letting them rip. But one day, Edwurd tells such a whopping lie that the army, the air force, and the dogcatcher are called to reverse the damage. **ISBN 9780316144254.** [Available at Amazon.](#)

***Ricky Sticky Fingers.*** Author: Julia Cook. This book confronts the issue of stealing and offers a strategy to curb the desire to steal! Through a fun and whimsical story, children will learn the concept of ownership and how it feels when someone doesn't respect what is yours. **ISBN: 9781937870089.** [Available at Amazon.](#)

***Little Croc's Purse.*** Author: Lizzie Findlay. When Little Croc finds a purse full of money, he and his friends have all sorts of ideas about what they could spend it on. Should Little Croc keep the money for himself, or try to find the owner? When he decides to return the purse, Little Croc learns important lessons about sharing, saving, and spending. Lizzie Finlay pairs charming and humorous illustrations with this light-hearted tale that will have readers rooting for the resolute Little Croc as he overcomes pressure and does what he knows is right. **ISBN: 978-0802853929.** [Available at Amazon.](#)

### Pre-teens/Teens

***Winners Take All.*** Author: Fred Bowen. To win an important baseball game, twelve-year-old Kyle claims to have made a difficult catch which he actually dropped. In the end Kyle learns a valuable lesson about sportsmanship and realizes that being a hero is only worthwhile if you have earned it. **ISBN: 9781561455126.** [Available at Amazon.](#)



## Chapter 5—Family Reading Resource Guide

**Shiloh.** Author: Phyllis Reynolds Naylor. This 1992 Newbery Medal winner revolves around an 11-year-old boy who finds an abused dog near his West Virginia hills home; PW noted that this heartwarming novel should win new fans for the popular Naylor. **ISBN: 9780689835827.** [Available at Amazon.](#)

### Additional Titles to Explore

**The Empty Pot.** Author: Demi. A Chinese emperor holds a contest where the child who grows the most beautiful flowers from his seeds will be his successor. **ISBN 978-0375856204.** [Available at Amazon.](#)

**The Boy Who Cried Wolf.** Author: B.G. Hennessy. "Nothing ever happens here," the shepherd thinks, but the bored boy knows what would be exciting: He cries that a wolf is after his sheep, and the town's people come running. How often can that trick work, though? **ISBN: 9780689874338.** [Available at Amazon.](#)

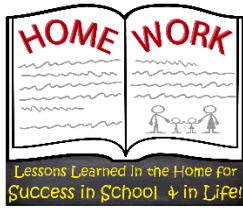
**The Honest-to-Goodness Truth.** Author: Patricia McKissack. Libby decides that she is only going to tell the truth, but her total honesty results in many hurt feelings, and she soon learns that sometimes truth helps and sometimes it hurts. "A welcome offering about honesty and consideration." **ISBN: 978-0689853951.** [Available at Amazon.](#)

**Princess K.I.M. and the Lie That Grew.** Author: Maryann Cocca-Leffler. Kim wants the kids at her new school to like her, so she tells a teeny, tiny, bitty lie. She says her name is really "K.I.M."--for "Katherine Isabella Marguerite"--and that she comes from a royal family! Pretty soon all the students know there is a princess in the school. Kim wears her golden tiara from dance class and a big fancy ring she won at the arcade. Her little lie grows and grows. When a classmate invites her to a birthday party, Kim says she can't go because her grandmother is coming to visit. But she had told the kids her grandmother was a queen. Now they all want to meet the queen. Kim is in a real bind; her lie has grown too big and it's about ready to explode! **ISBN: 9780807541784.** [Available at Amazon.](#)

**Princess K.I.M. and Too Much Truth.** Author: Maryann Cocca-Leffler. Although she's always been called Princess at home, Kim is not a real princess, so she decides "From now on, no matter what, I'm only going to tell the truth!" At home, she tells her Dad that the pancakes are rubbery and her Grandma that her new necklace looks like the slimy rocks at the bottom of the fish tank. At school, she's just as honest...until she learns what too much truth can do. **ISBN: 9780516246567.** [Available at Amazon.](#)

**Little Lies: All about Math.** Author: Kirsten Hall. This was a little rhyming book about lying that features the Beastieville monsters. It definitely teaches honesty and shows how being dishonest turns friends away. The little monster learns the hard way that lying breaks trust. Luckily, he has friends who will speak the truth to him in love. This book has other learning opportunities. It gives guides at the end to count





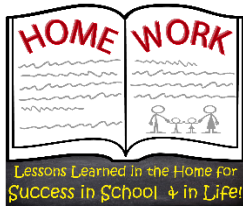
## Chapter 5—Family Reading Resource Guide

throughout the book, talk about kids' responses or try and read the word list featuring the words from the book. **ISBN: 9780516246567.** [Available at Amazon.](#)

**Honesty.** Author: Kathryn Kyle. This is a practical book with real pictures and real situations. It gives tangible examples of how to be honest in a variety of situations. It is a direct instruction book rather than a story. It shows kids (and probably some adults too) how to be honest at home, at school and in the community. Simple text describes honesty and what it means to be honest with others. The honesty and integrity of President Abraham Lincoln is given as an example of the importance of honesty. An end section offers suggestions on how readers can show honesty in their own lives. **ISBN: 9781567660890.** [Available at Amazon.](#)

**Honesty.** Author: Kimberley Jane Pryor. This is another straight forward book about honesty. It defines what it means to be honest. It shows what it looks like to be honest with family, friends and neighbors. It addresses topics like: telling the truth, not stealing, not cheating, being fair, being trustworthy and being reliable. It emphasizes the importance of living with integrity. This is not a story but rather a book that gives a clear-cut picture of this character trait. It has pictures of real kids, which I think helps kids identify with what is written. **ISBN: 9780761431251 .** [Available at Amazon.](#)

**Lizard's Guest.** Author: George Shannon. Skunk is mischievous. Skunk is selfish. Skunk is bossy. Skunk is ... a skunk. So when Lizard stomps on Skunk's toes (purely by accident) you can be sure that Skunk won't forget it. As it turns out, however, the only thing bigger than Skunk's silly grudge is Lizard's generous heart. For Lizard is a friend (a true friend), and as Skunk soon discovers, friends believe in making things right, no matter what it takes. **ISBN: 9780060090838 .** [Available at Amazon.](#)



## Chapter 6—Family Reading Resource Guide

# Chapter 6: Creativity, Talent: A Special Gift

Below is a list of readings that support this chapter's topic. Each title contains a link to a dedicated webpage where the item can be purchased or downloaded (if available). Click on the blue text at the end of the title to activate the link. If the link provided is not longer valid, you can search for the title using the ISBN provided with each title.

### Elementary

***Arnie the Doughnut.*** Author: Laurie Keller. This fun-filled adventure takes readers to a bakery. A chocolate-covered doughnut serves as guide, describing each of the steps involved in the creation of various confections. Poor Arnie, however, is clueless as to why people buy tasty treats, and when he is sold to Mr. Bing, he is shocked to discover his fate. **ISBN: 9781250079473** . [Available at Amazon.](#)

***Not a Box.*** Author: Antoinette Portis. Inspired by a memory of sitting in a box on her driveway with her sister, Antoinette Portis captures the thrill when pretend feels so real that it actually becomes real—when the imagination takes over inside a cardboard box, and through play, a child is transported to a world where anything is possible.. **ISBN: 9780007254804.** [Available at Amazon.](#)

***The Dot.*** Author: Peter H. Reynolds. One little dot marks the beginning of Vashti's journey of surprise and self-discovery in Peter H. Reynolds' multiple award-winning modern classic. In this inspiring, award-winning story of self-expression and creativity. **ISBN: 9781844281695.** [Available at Amazon.](#)

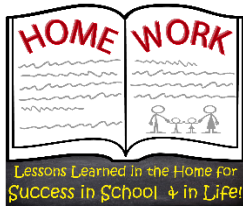
***What Do You Do With an Idea?*** Author: Kobe Yamada. This is the story of one brilliant idea and the child who helps to bring it into the world. As the child's confidence grows, so does the idea itself. **ISBN: 9781938298073.** [Available at Amazon.](#)

### Pre-teen/Teen

***I Am Gifted, Creative, & Talented.*** Author: Dennis A Hooker. All of us have unique gifts and talents that spark creativity. These experiences stretch young minds beyond normal limits - to create and discover themselves and others - the world. You get to facilitate the discovery process - and enjoy the fruits of young minds exploring. Upper Elementary through High School. **ISBN: 9780876942222.** [Available at Amazon.](#)

***Something from Nothing.*** Author: Phoebe Gilman. When Joseph was a baby, his grandfather made him a wonderful blanket. But as Joseph grows older, the blanket becomes tattered and worn. *Throw it out!* cries Joseph's mother. Luckily, Grandpa is an extraordinary tailor. He can fix anything! And so, with a snip! snip! here, and a few stitches there, Grandpa transforms the treasured blanket into a jacket, a vest, a Sabbath

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## Chapter 6—Family Reading Resource Guide

tie, a handkerchief, and finally a beautiful button. But when the button is lost, even Grandpa can't help. After all, how can you make something from nothing? In a rich and loving portrait of *shtetl* life, Phoebe Gilman presents a traditional Jewish folktale about family love and ingenuity that will warm the hearts of readers young and old. **ISBN: 9781443119467** . [Available at Amazon.](#)

***Ish.*** Author/Illustrator: Peter H. Reynolds. Ramon loved to draw. Anytime. Anything. Anywhere. Drawing is what Ramon does. It's what makes him happy, but in one split second, all that changes. A single reckless remark by Ramon's older brother, Leon, turns Ramon's carefree sketches into joyless struggles. **ISBN: 978-0545303026** . [Available at Amazon.](#)

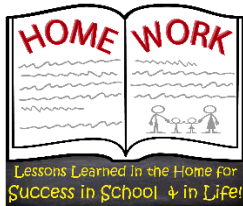
***Sky Color.*** Author/Illustrator: Peter H. Reynolds. Marisol loves to paint. So, when her teacher asks her to help make a mural for the school library, she can't wait to begin! But how can Marisol make a sky without blue paint? After gazing out the bus window and watching from her porch as day turns into night, she closes her eyes and starts to dream. **ISBN: 9780545627436.** [Available at Amazon.](#)

***Elephants Can Paint Too!*** Author: Katya Arnold. In this true story, you'll learn about an amazing class of elephants that are taught to become artists by an amazing teacher. **ISBN: 9780545627436.** [Available at Amazon.](#)

***Going Places.*** Authors: Paul and Peter Reynolds. This sublime celebration of creative spirit and thinking outside the box—both figuratively and literally—is ideal for early learners, recent grads, and everyone in between. **ISBN: 9781442466081.** [Available at Amazon.](#)

***Weslandia.*** Author: Paul Fleischman. Now that school is over, Wesley needs a summer project. He's learned that each civilization needs a staple food crop, so he decides to sow a garden and start his own - civilization, that is. He turns over a plot of earth, and plants begin to grow. They soon tower above him and bear a curious-looking fruit. As Wesley experiments, he finds that the plant will provide food, clothing, shelter, and even recreation. It isn't long before his neighbors and classmates develop more than an idle curiosity about Wesley and exactly how he is spending his summer vacation. **ISBN: 9780763610524.** [Available at Amazon.](#)

***Perfect Square.*** Author: Michael Hall. A perfect square is transformed in this adventure story that will transport you far beyond the four equal sides of this square book. **ISBN: 9780545511995.** [Available at Amazon.](#)



## Chapter 6—Family Reading Resource Guide

***The Day the Crayons Quit.*** Author: Drew Daywalt. Illustrator: Oliver Jeffers. Poor Duncan just wants to color. But when he opens his box of crayons, he finds only letters, all saying the same thing: His crayons have had enough! Kids will be imagining their own humorous conversations with crayons and coloring a blue streak after sharing laughs with Drew Daywalt and *New York Times* bestseller Oliver Jeffers. **ISBN: 9780008167929.** [Available at Amazon.](#)

***Beautiful Oops!*** Author: Bernie Saltzberg. A life lesson that all parents want their children to learn: It's OK to make a mistake. In fact, hooray for mistakes! A mistake is an adventure in creativity, a portal of discovery. Don't be upset about it when you can turn it into the roaring mouth of an alligator. An award-winning, best-selling, one-of-a-kind interactive book, *Beautiful Oops!* shows young readers how every mistake is an opportunity to make something beautiful. [Available at Amazon.](#)

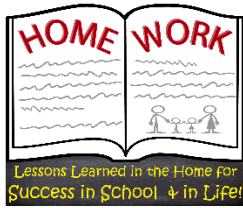
***A Little Bit of Oomph!*** Author: Bernie Saltzberg. *A Little Bit of Oomph!* teaches the invaluable lesson of throwing your heart into whatever you're doing and trying just a little bit harder— because with a little extra effort and a lot of oomph, you can make anything beautiful. Oomph changes curiosity into discovery, daydreams into playthings, your singing into others' dancing. **ISBN: 9780761177449.** [Available at Amazon.](#)

***Not a Stick.*** Author: Antoinette Portis. This book proves that a stick is not always a stick. Whether it's conducting an orchestra, painting a masterpiece, or slaying a dragon—give a child a stick and let imagination take over and the magic begin. **ISBN: 9780007254828.** [Available at Amazon.](#)

***Iggy Peck, Architect.*** Author: Andrea Beaty. When Iggy Peck's second-grade teacher declares her dislike of architecture, he faces a challenge. He loves building too much to give it up! With Andrea Beaty's irresistible rhyming text and David Roberts's puckish illustrations, this book will charm creative kids everywhere, and amuse their sometimes-bewildered parents. **ISBN: 9780810911062.** [Available at Amazon.](#)

***Lots of Dots.*** Author: Craig Frazier. In this exuberant book, acclaimed graphic designer Craig Frazier encourages young readers to look closely at the world around them. Through his energetic images, the ordinary becomes extraordinary. Buttons are dots. Wheels are dots. Ladybugs have dots. And so do the fried eggs on your plate. **ISBN: 978-0811877152.** [Available at Amazon.](#)

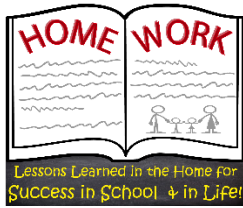
***What Do You Do with an Idea?*** Author: Kobe Yamada. This is a story for anyone, at any age, who's ever had an idea that seemed a little too big, too odd, too difficult. It's a story to inspire you to welcome that idea, to give it some space to grow, and to see what happens next. Because your idea isn't going anywhere. In fact, it's just getting started. **ISBN: 9781938298073.** [Available at Amazon.](#)



## Chapter 6—Family Reading Resource Guide

***The Three Pigs.*** Author: David Wiesner. Satisfying both as a story and as an exploration of the nature of story, *The Three Pigs* takes visual narrative to a new level. Dialogue balloons, text excerpts, and a wide variety of illustration styles guide the reader through a dazzling fantasy universe to the surprising and happy ending. **ISBN: 9781849394055.** [Available at Amazon.](#)

***Sector 7.*** Author: David Wiesner. On a school trip to the Empire State Building, a boy makes friends with a mischievous little cloud, who whisks him away to the Cloud Dispatch Center for Sector 7 (the region that includes New York City). The clouds are bored with their everyday shapes, so the boy obligingly starts to sketch some new ones. The wordless yet eloquent account of this unparalleled adventure is a funny, touching story about art, friendship, and the weather, as well as a visual tour de force. **ISBN: 9780395746561.** [Available at Amazon.](#)



## Chapter 7—Family Reading Resource Guide

# Chapter 7: Cleanliness: Is Habit Forming

Below is a list of readings that support this chapter's topic. Each title contains a link to a dedicated webpage where the item can be purchased or downloaded (if available). Click on the blue text at the end of the title to activate the link. If the link provided is not longer valid, you can search for the title using the ISBN provided with each title.

### Elementary

***Messy Jesse.*** Author: Paula Bowles. Jesse the dog is good at making all kinds of things. But he's especially good at making messes! One day, he makes a mess so big that he gets lost in it. His friends try to find him, but they get lost, too! A perfect title for kids who need encouragement to keep their rooms and desks organized! **ISBN: 9781589251335.** [Available at Amazon.](#)

***Glamorous Garbage.*** Author: Barbara Johansen Newman. When Bobbie's mom gives her a two-week deadline to clear out the clutter out of her bedroom, Bobbie has an idea—instead of taking stuff out of her room, she brings garage-sale finds and other glamorous garbage in. This title weaves together three appealing themes: letting go of toys and dealing with a messy room, turning trash into treasure, and recycling and repurposing—a part of every school curriculum from kindergarten up. **ISBN: 9781620916261.** [Available at Amazon.](#)

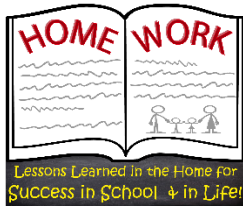
***The Pigeon Needs a Bath.*** Author: Mo Willems. The Pigeon really needs a bath! Except, the Pigeon's not so sure about that. Besides, he took a bath last month! Maybe. It's going to take some serious convincing to try and get the Pigeon to take the plunge. **ISBN: 9781406357783.** [Available at Amazon.](#)

### Pre-teen/Teen

***The Boy's Body Guide: Health and Hygiene for Young Men and Up.*** Author: Frank C. Hawkins Laube and Greta L.B. Cider. This guide is packed with health and hygiene advice that young men can read on their own and put to use today as they grow and take responsibility for the care and health of their bodies. For ages 8 and up. **ISBN: 9780979321924.** [Available at Amazon.](#)

***The Complete Idiot's Guide to Parenting a Teenager.*** Author: Kate Kelly. This book is full of steps for understanding, talking to, and coping with teenagers. **ISBN: 9780028612775.** [Available at Amazon.](#)

Natterson, Cara. *The Care and Keeping of You 2: The Body Book for Older Girls.* This thoughtful advice book will guide girls through the next steps of growing up. With illustrations and expert



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contributors, this book covers new questions about girls' growing bodies, peer pressure, personal care, and more! **ISBN: 9781609580421.** [Available at Amazon.](#)

### **Additional Titles to Explore**

***Messy Bessie – A Children's Story that Teaches the Value of Cleanliness.*** Author: Neil Franchulo. This is a children's story about a girl who was extremely messy and didn't like to clean up her messes but after learning that messiness can also lead to other problems and with the help of her mother she eventually learns the true value of cleanliness. **ONLY AVAILABLE IN KINDLE FORMAT.** [Available at Amazon.](#)

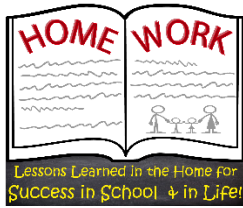
***What's That Smell? A Kid's Guide to Keeping Clean.*** Authors: Rachele Kreisman and Tim Haggerty, illustrations. Keeping one's body clean is one of the most important ways we all get along. Learn why it's important to your health, and the health of others, to stay clean and cut down on the stink. **ISBN: 9781937529666.** [Available at Amazon.](#)

***Wash Your Hands.*** Author: Tony Ross. When the little princess hears about the germs and nasties living all around her, she understands the importance of washing her hands a lot. **ISBN: 9781929132010.** [Available at Amazon.](#)

***No B.O. – The Head to Toe Book of Hygiene for Pre-Teens.*** Author: Marguerite Crump. This frank, reassuring, humorous book covers the physical changes boys and girls experience during puberty and offers tips on caring for oneself from head to toe. Fascinating facts, friendly suggestions, and funny illustrations combine in a lighthearted approach that kids find appealing and non-threatening. This book is recommended for all upper elementary and middle school students. **ISBN: 9781575421759.** [Available at Amazon.](#)

***Character Building Day by Day: 180 Quick Read-Alouds for Elementary School and Home.*** Authors: Anne D. Mather and Louise B. Weldon. This book includes 180 character vignettes grouped by trait. Each features kids in real-life situations making decisions that reflect their character. Each can be used as starting points for discussion, to support an existing character education program, or as the basis for an independent program. An excellent tool for the classroom or the character-conscious home. **ISBN: 9781575421780.** [Available at Amazon.](#)

***Squeaky Clean Hygiene.*** Authors: Linda Schwartz and Bev Armstrong. A fun way to learn good health habits. Kids learn the proper way to wash their hair, brush and floss their teeth, care for their nails, and more. A whimsical poem introduces each section, with fascinating facts, health charts, and follow-up activities. **ISBN: 9780881603088.** [Available at Amazon.](#)



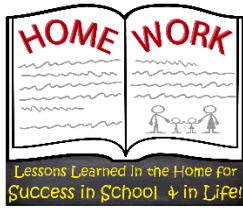
## Chapter 7—Family Reading Resource Guide

***Staying Healthy: Good Hygiene.*** Author: Alice McGinty. Kids need to learn about eating right, getting enough rest, and exercising regularly. Personal hygiene and the care of teeth and gums may seem like a given, but in some families even these basics are neglected. Kids are also more vulnerable on the street and even in school, so personal safety must be taught. Using fun, new computer-generated graphics, these books bring home important lessons in a compelling way. **ISBN: 9780823951413.** [Available at Amazon.](#)

***Organizing from Inside Out for Teens.*** Authors: Julie Morgenstern and Jessie Morgenstern-Colón. America's #1 organizer teams up with her daughter to give teens a foolproof method for getting organized in every aspect of their lives. **ISBN: 9780805064704.** [Available at Amazon.](#)

***Germs Are Not for Sharing.*** Author: Elizabeth Verdick. Achoo! Cough! F-L-U-S-H! What to do? In childcare, in preschool, at home, and everywhere, toddlers need to learn that germs are not for sharing. Rather than focus on what germs are, this book teaches the basics of not spreading them: Cover up a sneeze or cough. Hug or blow kisses when you're sick. And most of all, wash your hands! Child-friendly words and full-color illustrations help little ones stay clean and healthy. Includes tips and ideas for parents and caregivers. [Available at Amazon.](#)





## Chapter 8—Family Reading Resource Guide

# Chapter 8: Respect For Self and Others: Yours for the Asking

Below is a list of readings that support this chapter's topic. Each title contains a link to a dedicated webpage where the item can be purchased or downloaded (if available). Click on the blue text at the end of the title to activate the link. If the link provided is not longer valid, you can search for the title using the ISBN provided with each title.

### ELEMENTARY

***Quiet, Wyatt!*** Author: Bill Maynard. Young Wyatt is frustrated by everyone around him—People who tell him that he's not old enough to anything he wants to do. But he resolves to let them all know that someday he'll be big enough to do everything. **ISBN: 9780439221252.** [Available at Amazon.](#)

***Wyatt the Wonder Dog Learns About Good Manners.*** Author: Lynne Watts. Wyatt's bossy friend Max learns that good manners is more than just saying please and thank you. Good Manners is showing you care about someone with your actions and words. **ISBN: 9781432751876.** [Available at Amazon.](#)

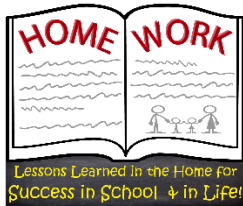
### PRE-TEEN/TEEN

***Dude, That's Rude! (Get Some Manners).*** Authors: Pamela Espeland and Elizabeth Verdick. Full-color cartoons and kid-friendly text teach the basics of polite behavior in all kinds of situations—at home, at school, in the bathroom, on the phone, at the mall, and more. **ISBN: 9781575422336.** [Available at Amazon.](#)

***Teen Manners: From Malls to Meals to Messaging and Beyond.*** Authors: Peggy Post and Cindy Senning. This is a useful guide that answers questions that come up in real life from the most trusted name in etiquette: Emily Post. **ISBN: 9780060881986.** [Available at Amazon.](#)

### Additional Titles to Explore

***About Respect: A Kids Picture Book About Respect.*** Author: Abigail Tyler. Teachers and home schooling parents will find this book a wonderful addition to their nonfiction libraries. It provides a good talking point for adults and children to discuss respect. Small stories are provided, so children can see the value of respect in action. Great illustrations bring the text to life. **AVAILABLE IN KINDLE ONLY.** [Available at Amazon.](#)



## Chapter 8—Family Reading Resource Guide

***What if Everybody Did That?*** Authors: Ellen Javernick and Colleen M. Madden. If you drop just one soda can out the window, it's no big deal ... right? But what if everybody did that? What if everybody broke the rules ... and spoke during story time, didn't wash up, or splashed too much at the pool? Then the world would be a mess. But what if everybody obeyed the rules so that the world would become a better place? Using humorous illustrations rendered in mixed media, these questions are answered in a child-friendly way and show the consequences of thoughtless behavior. **ISBN: 9780761456865.** [Available at Amazon.](#)

***Start with Sorry: A Children's Picture Book with Lessons in Empathy, Sharing, Manners & Anger Management.*** Author: P.T. Finch. Parents and teachers will appreciate the valuable early learning lesson in compassion. Kindness and empathy for others are important social skills to form friendships, in preparation for school life. Good manners include not just saying "please" and "thank you," but also knowing how to apologize, not just with words, but with actions that demonstrate that the apology is meaningful. **ISBN: 9781946844019.** [Available at Amazon.](#)

***Respect and Take Care of Things.*** Author: Cheri J. Meiners. Everything has a place. Things last longer when we take care of them. Respect, responsibility, and stewardship are concepts that even young children can relate to—because they have things they value. This book encourages children to pick up after themselves, put things back where they belong, and ask permission to use things that don't belong to them. It also teaches simple environmental awareness: respecting and taking care of the earth. Includes ideas for adult-led activities and discussions. **ISBN: 9781575422510.** [Available at Amazon.](#)

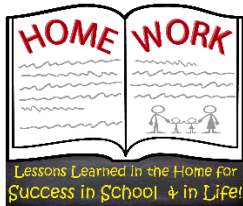
***Stand Tall, Molly Lou Melon.*** Author: Patty Lovell. Molly Lou Melon is short and clumsy, has buck teeth, and has a voice that sounds like a bullfrog being squeezed by a boa constrictor. She doesn't mind. Her grandmother has always told her to walk proud, smile big, and sing loud, and she takes that advice to heart. But then Molly Lou has to start in a new school. A horrible bully picks on her on the very first day, but Molly Lou Melon knows just what to do about that. **ISBN: 978-0399234163.** [Available at Amazon.](#)

***The Berenstain Bears Show Some Respect.*** Authors: Jan and Mike Berenstain. Gramps and Gran go on a picnic with Mama and Papa Bear and the cubs. As the family searches high and low for the perfect spot, they end up learning a few things about respect. **ISBN: 9780310720867.** [Available at Amazon.](#)

***365 Manners Kids Should Know.*** Author: Sheryl Eberly. Full of role-playing exercises, games, and other activities that adults can do with children, this book explains not only what manners to teach, but also how and at what ages to present them. **ISBN: 9780307888259.** [Available at Amazon.](#)

***What Do You Stand For? For Kids. A Guide to Building Character.*** Author: Barbara A. Lewis. The true stories, inspiring quotations, thought-provoking dilemmas, and activities in this book help kids grow into capable, moral teens and adults. Previously titled *Being Your Best*, this award-winning book has a fresh new cover and updated resources. **ISBN: 9781575421742.** [Available at Amazon.](#)

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## Chapter 8—Family Reading Resource Guide

**No Means No!** Author: Jayneen Sanders. This book can be read to children from 3 to 9 years. It is a springboard for discussions regarding children's choices and their rights. **ISBN: 9781925089226.**

[Available at Amazon.](#)

**Happy to be Me!: A Kid's Book About Self-esteem, Elf Help Book.** Author: Christine Adams. The elfin friends in this colorful book lead the young reader through a process of self-discovery: exploring uniqueness, building a healthy-self-image, and preparing for challenging situations. This honest and upbeat book will bring real help and understanding. **ISBN: 9780870293559.** [Available at Amazon.](#)

**Mom's Fairy Tales.** Author: Elena Staniv. A bundle of books #1 (A Tale About a Tail) and #2 (The Little Wizard) in Elena Staniv's series Mom's Fairy Tales. "A Tale about a Tail" is a vain little fish who dreams about a bigger and more beautiful tail. "The Little Wizard" is a magical children's picture story. An excellent and efficient combination. **ISBN: 9781544715582.** [Available at Amazon.](#)

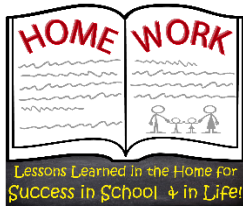
**I Like Myself!** Author: Karen Beaumont. This ode to self-esteem encourages kids to appreciate everything about themselves, inside and out. At once silly and serious, Karen Beaumont's joyous rhyming text and David Catrow's wild illustrations unite in a book that is sassy, soulful--and straight from the heart. **ISBN: 9780152020132.** [Available at Amazon.](#)

**What I Like About Me.** Author: Allia Zobel-Nolan. This fun-loving book proves to kids that, in a world where fitting in is the norm, being different is what makes us special. **ISBN: 9780794419455.** [Available at Amazon.](#)

**Stand Tall, Molly Lou Melon.** Author: Patty Lovell. Molly Lou Melon is short and clumsy, has buck teeth, and has a voice that sounds like a bullfrog being squeezed by a boa constrictor. She doesn't mind. Her grandmother has always told her to walk proud, smile big, and sing loud, and she takes that advice to heart. But then Molly Lou has to start in a new school. A horrible bully picks on her on the very first day, but Molly Lou Melon knows just what to do about that. **ISBN: 9780399234163.** [Available at Amazon.](#)

**I'm Gonna Like Me Letting Off a Little Self-Esteem.** Author: Jamie Lee Curtis. Through alternating points of view, Jamie Lee Curtis's triumphant text and Laura Cornell's lively artwork show kids that the key to feeling good is liking yourself because you are you. **ISBN: 9780060287610.** [Available at Amazon.](#)

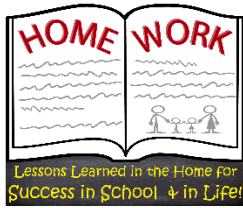
**The OK Book.** Author: Amy Krouse Rosenthal. In this clever and visual play on words, OK is turned sideways, upside down, and right side up to show that being OK can really be quite great. Whether OK personifies an OK skipper, an OK climber, an OK lightning bug catcher, or an OK whatever there is to experience, OK is an OK place to be. And being OK just may lead to the discovery of what makes one great. **ISBN: 9780061152559.** [Available at Amazon.](#)



## Chapter 8—Family Reading Resource Guide

***Giraffes Can't Dance.*** Author: Giles Andreae. A touching tale of Gerald the giraffe, who wants nothing more than to dance. With crooked knees and thin legs, it's harder for a giraffe than you would think. With light-footed rhymes and high-stepping illustrations, this tale is gentle inspiration for every child with dreams of greatness. **ISBN: 9780439287197.** [Available at Amazon.](#)

***Garvey's Choice.*** Author: Nikki Grimes. When his only friend encourages him to join the school chorus, Garvey's life changes. The chorus finds a new soloist in Garvey, and through chorus, Garvey finds a way to accept himself, and a way to finally reach his distant father. This emotionally resonant novel in verse by award-winning author Nikki Grimes celebrates choosing to be true to yourself. **ISBN: 9781629797403.** [Available at Amazon.](#)



## Chapter 9—Family Reading Resource Guide

# Chapter 9: Self-Motivation: It's Your Move

Below is a list of readings that support this chapter's topic. Each title contains a link to a dedicated webpage where the item can be purchased or downloaded (if available). Click on the blue text at the end of the title to activate the link. If the link provided is not longer valid, you can search for the title using the ISBN provided with each title.

### Elementary

***Fuzzle's Mystery Talent: A Bed Time Fantasy Story.*** Author: Karen Brueggeman. This book contains life lessons like teaching the child to not give up and dealing with self esteem issues (explaining that we are all special in our own way). You will find it is also filled with bright and cheerful illustrations. Happy reading and we hope you enjoy. We also welcome reviews. Thank you. This book is suitable as a read aloud book for preschooler at bedtime or as a self-read children's book for older children. **ISBN: 9780989256506.** [Available at Amazon.](#)

***Fish in a Tree.*** Author: Lynda Mullaly Hurt. The author of the beloved *One for the Murphys* gives readers an emotionally-charged, uplifting novel that will speak to anyone who's ever thought there was something wrong with them because they didn't fit in. **ISBN: 9780399162596.** [Available at Amazon.](#)

***Sean Wants To Be Messi: A Children's Book About Fulfilling Your Dream.*** Author: Tanya Preminger. An engaging, relatable children's book about soccer, practice, and inspiration. **ISBN: 9781515389989.** [Available at Amazon.](#)

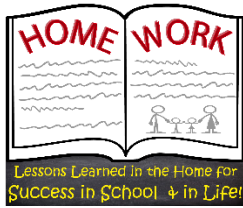
***The Little Engine That Could.*** Author: Piper Watty,. The story of a train filled with toys and gifts for little boys and girls that breaks down before reaching the children. After asking several passing trains for help over the hill, a little blue train agrees to help the stranded toys. Even though she is small, the blue train tries her best to bring the toys to the children on the other side of the hill. **ISBN: 9780399246500.** [Available at Amazon.](#)

### Pre-teen/Teen

***Who Moved My Cheese? for Teens.*** Author: Spencer Johnson. Help a teen you know deal with the changes in his or her life with the book that has helped so many others. "Cheese" is a metaphor for what you want in life and the book gives teens a fun vocabulary and way to understand change and move forward in their lives. **ISBN: 9780399240072.** [Available at Amazon.](#)

***Success Express for Teens: 50 Life-Changing Activities.*** Author: Roger Leslie. Success Express for Teens is the way to get from where you are right now to where you want to be. It shows you that for anything you really want in your life, there is a reality to fill it. **ISBN: 9781886298095.** [Available at Amazon.](#)

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## Chapter 9—Family Reading Resource Guide

### Additional Titles to Explore

***The Ballad of a Broken Nose.*** Author: Arne Svingen. From award-winning Norwegian author Arne Svingen comes “an unusually exciting and funny story” (*Dagbladet*) about a relentlessly positive teenager who uses his love of opera to cope with his less-than-perfect home life. Bart is an eternal optimist. **ISBN: 9781481415439.** [Available at Amazon.](#)

***Garvey's Choice.*** Author: Nikki Grimes. When his only friend encourages him to join the school chorus, Garvey's life changes. The chorus finds a new soloist in Garvey, and through chorus, Garvey finds a way to accept himself, and a way to finally reach his distant father. This emotionally resonant novel in verse by award-winning author Nikki Grimes celebrates choosing to be true to yourself. **ISBN: 9781629797403.** [Available at Amazon.](#)

***Keys to Success for Kids: 2.0.*** Author: Caleb Maddix. Caleb has a dream to help millions of fatherless kids, the homeless, and children suffering with obesity. He is very focused on personal growth and reads an average of one book per week. This book was written out of Caleb's desire to help kids (and adults) across the world become more aware of success principles. **ISBN: 9781512052602.** [Available at Amazon.](#)

***Leave Your Sleeve, Steve!*** Author: Yonit Werber. This bed-time children's story tells the tale of Steve and his mom and shows a great and easy way to motivate kids to stop cleaning their mouth with their sleeves. **AVAILABLE ONLY IN KINDLE.** [Available at Amazon.](#)

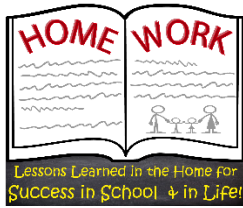
***Go for the Goal: A Champion's Guide to Winning in Soccer and Life.*** Author: Mia Hamm. The inspiring story of how a tiny suburban sprite became a global terror with a ball (and the world) at her feet—and a step-by-step or dribble-by-dribble guide for any kid with the all-American dream of making the team and becoming a champion. **ISBN: 9780060931599.** [Available at Amazon.](#)

***Powerful Me! A Book of Powerful Affirmations for Little Stars.*** Author: Cherrie DeJolde Bautista. This book teaches kids to be positive and to value the love and support of family and friends in their quest to be the best they can be. Among the children's picture books that teach values to kids. **ISBN: 9781519153029.** [Available at Amazon.](#)

***Chicken Soup for the Kid's Soul: Stories of Courage, Hope and Laughter for Kids ages 8-12.*** Author: Jack Canfield. In this special volume, young listeners will find empowerment and encouragement to love and accept themselves, believe in their dreams, find answers to their questions and discover hope for a promising future. **ISBN: 9781623610609.** [Available at Amazon.](#)

***Neymar: The Children's Book.*** Author: Roy Brandon. Fully illustrated children's book of the story of one of the best soccer player Neymar since he was a kid to when he became one of the best soccer players in the world. **ISBN: 9781541311596.** [Available at Amazon.](#)

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## Chapter 9—Family Reading Resource Guide

***Whatever You Are, Be a Good One.*** Author: Lisa Congdon. This thought-provoking collection compiles the timeless wisdom of great original minds— from Marie Curie to Stephen King—brilliantly hand-lettered by beloved indie artist Lisa Congdon. Readers will find enlightening insights, stirring calls to action, and stimulating encouragements beautifully illuminated on every page. **ISBN: 9781452124834.** [Available at Amazon.](#)

***Chicken Soup for the Soul: Be the Best You Can Be: Inspiring True Stories about Goals & Values for Kids & Preteens.*** Author: Amy Newmark. This book is filled with inspirational stories for children and their families to share, all about kids making good decisions, doing the right thing, and being kind. It inspires young people and adults to embrace their differences, reject stereotypes, and make good choices. **ISBN: 9781942649007.** [Available at Amazon.](#)

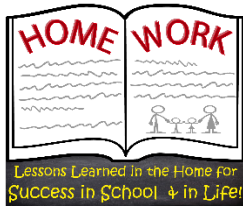
***Stephen Curry: The Children's Book.*** Author: Roy Brandon. Fully illustrated children's book of the story of one of the best basketball player Stephen Curry who overcame all the challenges and become one of the basketball players in history. **ISBN: 9781546370260.** [Available at Amazon.](#)

***Bring Your 'A' Game: A Young Athlete's Guide to Mental Toughness.*** Author: Jennifer L. Etnier. This book was written specifically for young athletes interested in improving their performance and reaching their potential in sport. It encourages athletes to incorporate mental skills into their daily lives and practice sessions so that they become second nature during competition. **ISBN: 9780807859902.** [Available at Amazon.](#)

***Federer: The Children's Book.*** Author: Roy Brandon. The story of a young boy who follows his dream, works hard and never gives up to finally become one of the greatest tennis players in history. **ISBN: 9781544005690.** [Available at Amazon.](#)

***How Full is Your Bucket? For Kids.*** Authors: Tom Rath and Mary Reckmeyer. Told through the story of a boy who learns a valuable “bucket filling” metaphor and watches it come to life as the day unfolds. Felix begins to see how every interaction in a day either fills or empties his bucket. **ISBN: 9781595620279.** [Available at Amazon.](#)

***Developing Teen Leadership: A practical Guide for Youth Group Advisors, Teachers and Parents.*** Author: Dan Appleman. Leadership skills are what you need to manage a team, to stand out as an employee, to start a business and to nail that interview. How do you teach these skills to teenagers? Parents, teachers, coaches, scoutmasters, youth counselors and advisors strive to do so every day, but often have limited training on how best to accomplish that goal. This is a practical guide on how to effectively help teens become leaders. **ISBN: 9781936754007.** [Available at Amazon.](#)



## Chapter 9—Family Reading Resource Guide

***Bee Attitude: A Positive Motivational Book for Kids.*** Author: Bea Grace Curri. If you are willing to believe that you can achieve and are willing to work hard, you can "fly." Bea Grace Curri uses a clever list of alphabetical encouragement for young readers to develop a "you can do it" attitude. **ISBN: 9780578078052.** [Available at Amazon.](#)

***Unstoppable Me! 10 Ways to Soar Through Life.*** Author: Dr. Wayne W. Dyer. The 10 important lessons in this book include the value of taking risks, dealing with stress and anxiety, and learning to enjoy each moment. Each point includes an example showing how a child might apply the concept in his or her everyday life. **ISBN: 9781401911867.** [Available at Amazon.](#)

***No Excuses!: How What You Say Can Get in Your Way.*** Author: Dr. Wayne W. Dyer. *No Excuses!* tells the story of a boy with a seemingly impossible dream who almost lets excuses stand in his way. He learns some important lessons that allow him to attain his goals—lessons that just about all children will be able to understand and apply to their lives. **ISBN: 9781401925833.** [Available at Amazon.](#)

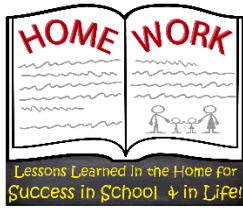
***Chicken Soup for the Soul: Think Positive for Kids: 101 Stories about Good Decisions, Self-Esteem, and Positive Thinking.*** Author: Kevin Sorbo. This book is filled with inspirational stories for children and their families to share, all about kids making good choices and doing the right thing. The values that children learn today will stay with them for the rest of their lives. This collection gives kids positive role models to follow in its 101 stories about doing the right thing and making healthy choices. You and your child will enjoy discussing the stories, making it a family event. **ISBN: 9781611599275.** [Available at Amazon.](#)

***It's Not What You've Got. Lessons for Kids on Money and Abundance.*** Author: Dr. Wayne W. Dyer. This book addresses the topics of money and abundance, with the understanding that children's earliest thoughts and perceptions about money are those that will last throughout their lives. This is *not* a how-to manual on spending and saving for kids, but a positive approach to the meaning of money. **ISBN: 9780439221252.** [Available at Amazon.](#)

***Chicken Soup for the Preteen Soul: Stories of Changes, Choices and Growing Up for Kids Ages 9-13.*** Authors: Jack Canfield, Mark Victor Hansen, Patty Hansen. Written by and for preteens, this collection of stories touches on the emotions and situations they experience every day: making and losing friends, fitting in while keeping their personal identity, discovering the opposite sex, dealing with pressures at school including violence, and coping with family issues such as divorce. **ISBN: 9781623610944.** [Available at Amazon.](#)

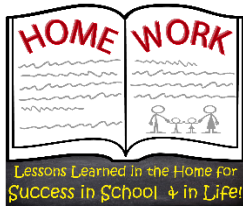
***What Does Beauty Look Like?*** Author: Monica G. Wood. This is a story about a young girl, who through a simple question, learns that beauty can be found in every experience she has. Although the book





## Chapter 9—Family Reading Resource Guide

targets elementary and middle school girls, everyone could stand to learn how to find beauty in everything and everyone. **ISBN: 9780692830895.** [Available at Amazon.](#)



## Chapter 10—Family Reading Resource Guide

# Chapter 10: Heritage and Legacy: Looking Back, Moving Forward

Below is a list of readings that support this chapter's topic. Each title contains a link to a dedicated webpage where the item can be purchased or downloaded (if available). Click on the blue text at the end of the title to activate the link. If the link provided is not longer valid, you can search for the title using the ISBN provided with each title.

### Elementary

***Every Family Is Different. Every Family is the Same.*** Author: Poppy Archer. In a charming, community-minded story, Sally learns about different kinds of alternative families. As well as finding out more about her neighbors, she realizes something very important. **ISBN: 9781494277284.** [Available at Amazon.](#)

***The Book of New Family Traditions: How to Create Great Rituals for Holidays and Every Day.***

Author: Meg Cox. Families will treasure this collection of rituals and traditions for many occasions, from such personal milestones as a child's first day of school or a teenager's new driver's license to mainstream holidays, birthdays, and anniversaries. Special celebrations in a warm family setting help foster self-esteem and creativity, open up communication channels, and may even entice older children to stay at the dinner table a little longer. **ISBN: 9780762414420.** [Available at Amazon.](#)

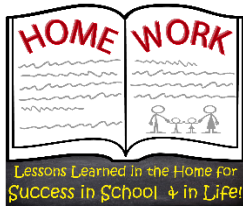
***In My Momma's Kitchen.*** Author: Jerdine Nolen. A celebration of African-American families and mommas everywhere, *In My Momma's Kitchen* tells the story of a year's events in everybody's favorite room. **ISBN: 9780064437868.** [Available at Amazon.](#)

***The Keeping Quilt.*** Author: Patricia Polacco. In strongly moving pictures that are as heartwarming as they are real, Patricia Polacco tells the story of her own family, and the quilt that remains a symbol of their enduring love and faith. **ISBN: 9780153052125.** [Available at Amazon.](#)

***Me and My Family Tree.*** Author: Joan Sweeney. A young girl uses simple language, her own childlike drawings, and diagrams to explain how the members of her family are related to each other and to her. **ISBN: 9780517885970.** [Available at Amazon.](#)

### Pre-teen/Teen

***Once Upon a Quinceanera: Coming of Age in the USA.*** Author: Julia Alvarez. Through her observations of a quince in Queens, interviews with other quince girls, and the memories of her own experience as a young immigrant, Alvarez presents a thoughtful and entertaining portrait of a rapidly growing



## Chapter 10—Family Reading Resource Guide

multicultural phenomenon, and passionately emphasizes the importance of celebrating Latina womanhood. **ISBN: 9780452288300.** [Available at Amazon.](#)

***American Eyes: New Asian-American Short Stories for Young Adult.*** Edited by: Lori Carlson. In this unique collection of touching and heartfelt short stories, ten young Asian-American writers re-create the conflicts that all young people feel living in two distinct worlds -- one of memories and traditions, and one of today. **ISBN: 9780449704486.** [Available at Amazon.](#)

***What the World Eats.*** Authors: Faith D’Aluisio and Peter Menzel. This enthralling glimpse into cultural similarities and differences is at once a striking photographic essay and an essential study in nutrition and the global marketplace. **ISBN: 9781582462462.** [Available at Amazon.](#)

### Additional Titles to Explore

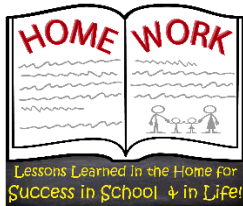
***Kid Presidents: True Tales of Childhood from America’s Presidents (Kid Legends).*** Author: David Stabler. Hilarious childhood biographies and full-color illustrations show how George Washington, Abraham Lincoln, Teddy Roosevelt, Barack Obama, and other presidents-to-be faced kid-sized problems growing up in America. *Kid Presidents* tells all of their stories and more with full-color cartoon illustrations on every page. History has never been this much fun! **ISBN: 9781594747311.** [Available at Amazon.](#)

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***I Am Not a Number.*** Authors: Jenny Kay Dupuis, Kathy Kacer. When Irene is removed from her First Nations family to live in a residential school, she is confused, frightened and terribly homesick. She tries to remember who she is and where she came from despite being told to do otherwise. **ISBN: 9781927583944.** [Available at Amazon.](#)

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## Chapter 10—Family Reading Resource Guide

***Preaching to the Chickens. The Story of Young John Lewis.*** Author: Jabari Asim. Jabari Asim’s stirring prose and E.B. Lewis’s stunning, light-filled impressionistic watercolor paintings, includes an author’s note about John Lewis, who grew up to be a member of the Freedom Riders, chairman of the Student Nonviolent Coordinating Committee, and demonstrator on the Edmund Pettus Bridge in Selma, Alabama. **ISBN: 9780399168567. [Available at Amazon.](#)**

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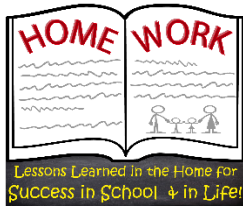
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## Chapter 10—Family Reading Resource Guide

***Henry's Freedom Box: A True Story from the Underground Railroad.*** Author: Ellen Levine. A stirring, dramatic story of a slave who mails himself to freedom. Henry Brown doesn't know how old he is. Nobody keeps records of slaves' birthdays. Then one day, as he lifts a crate at the warehouse, he knows exactly what he must do: He will mail himself to the North. After an arduous journey in the crate, Henry finally has a birthday; his first day of freedom. **ISBN: 9780439777339.** [Available at Amazon.](#)

***Moses: When Harriet Tubman Led Her People to Freedom.*** Author: Carole Boston Weatherford. In this picture book, Weatherford depicts Harriet Tubman's initial escape from slavery and her mission to lead others to freedom as divinely inspired, and achieved by steadfast faith and prayer. A foreword introduces the concept of slavery for children and an author's note includes a brief biography of Tubman. **ISBN: 9780786851751.** [Available at Amazon.](#)

***The Language of Angels: A Story About the Reinvention of Hebrew.*** Author: Richard Michelson. Historically influenced dialogue, engaging characters, and colorful art offer a linguistic journey about how language develops and how one person's perseverance can make a real difference. **ISBN: 9781580896368.** [Available at Amazon.](#)

***Giant Steps to Change the World.*** Authors: Spike Lee and Tonya Lewis Lee. This book encourages readers to follow in the footsteps of those who came before, to reject fears of inadequacy, and to ponder what they can contribute to society. Using examples of people throughout history who have taken "giant steps," this book urges kids to follow in their footsteps and not be hindered by fear or a sense that you are not good enough. **ISBN: 9780689868153.** [Available at Amazon.](#)