

Chapter 3—Family Reading Resource Guide

Chapter 3: Encouragement: A Critical Component

Below is a list of readings that support this chapter's topic. Each title contains a link to a dedicated webpage where the item can be purchased or downloaded (if available). Click on the blue text at the end of the title to activate the link. If the link provided is not longer valid, you can search for the title using the ISBN provided with each title.

Elementary

Dreams to Grow On. Author: Christine Hurley Deriso. *In Dreams to Grow On*, we follow an imaginative young girl as she explores exciting possibilities for her future. A rich blend of Christine Hurley Deriso's lyrical verse and Matthew Archambault's vibrant oil paintings, this story encourages young people to let their imaginations soar. Readers of all ages will be inspired to "try on" new dreams of their own. **ISBN: 978-0970190727.** [Available at Amazon.](#)

Four Feet, Two Sandals. Authors: Khadra Mohammed, Karen Lynn Williams. *Four Feet, Two Sandals* was inspired by a refugee girl who asked the authors why there were no books about children like her. With warm colors and sensitive brush strokes, this book portrays the strength, courage, and hope of refugees around the world, whose daily existence is marked by uncertainty and fear. **ISBN: 978-0802852960.** [Available at Amazon.](#)

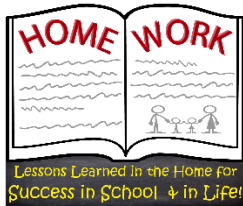
Giraffes Can't Dance. Author: Giles Andreae. Illustrator: Guy Parker-Rees. *Giraffes Can't Dance* is a touching tale of Gerald the giraffe, who wants nothing more than to dance. With crooked knees and thin legs, it's harder for a giraffe than you would think. Gerald is finally able to dance to his own tune when he gets some encouraging words from an unlikely friend. **ISBN: 978-0545392556.** [Available at Amazon.](#)

I Like Myself. Author: Karen Beaumont. High on energy and imagination, this ode to self-esteem encourages kids to appreciate everything about themselves--inside and out. **ISBN: 978-0547401638.** [Available at Amazon.](#)

Life Doesn't Frighten Me. Author: Maya Angelou. Maya Angelou's poem celebrates the courage within each of us, young and old. From the scary thought of panthers in the park to the unsettling scene of a new classroom, fearsome images are summoned and dispelled by the power of faith in ourselves. **ISBN: 978-1556702884.** [Available at Amazon.](#)

Unstoppable Me! 10 Ways to Soar Through Life. Authors: Wayne W. Dye with Kristina Tracy. The 10 important lessons in this book include the value of taking risks, dealing with stress and anxiety, and learning to enjoy each moment. Each point includes an example showing how a child might apply the concept in his or her everyday life. There are questions at the end of the book to help spark discussion and to further reinforce Wayne's message. **ISBN: 978-1401911867.** [Available at Amazon.](#)

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Pre-teens/Teens

The 7 habits of Highly Effective Teens. Author: Covey, Sean. Based on his father's bestselling *The 7 Habits of Highly Effective People*, Sean Covey applies the same principles to teens, using a vivacious, entertaining style. To keep it fun, Covey writes, he "stuffed it full of cartoons, clever ideas, great quotes, and incredible stories about real teens from all over the world... along with a few other surprises." Covey's humorous and up-front style is just light enough to be acceptable to wary teenagers, and down-and-dirty enough to really make a difference. **ISBN: 978-0762414741. [Available at Amazon.](#)**

What Color Is Your Parachute for Teens. Authors: Richard N. Bolles, Carol Christen. *What Color Is Your Parachute? For Teens* helps teens plan for what comes after graduation by defining their unique passions that will lead them to their dream jobs. With new chapters on social media and sustainable jobs—along with all-new profiles of twentysomethings who've found work in solar energy, magazine writing, and more—this book has all the nitty-gritty details you need to get started now.. **ISBN: 978-1580081412. [Available at Amazon.](#)**

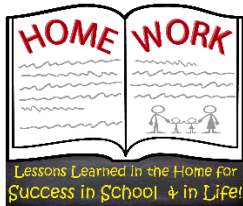
Help Yourself for Teens: Real- Life Advice for Real-Life Challenges. Author: Dave Pelzer,. Dave Pelzer, author of the acclaimed, best-selling books *A Man Named Dave* and *Help Yourself*, continues his tireless crusade against despair with **Help Yourself for Teens**, an uplifting new book written specifically for young adults. **ISBN: 978-0452286528. [Available at Amazon.](#)**

Additional Titles to Explore

I Wish You More. Author: Amy Krouse Rosenthal. A book of endless good wishes for curiosity and wonder, for friendship and strength, laughter and peace. Whether celebrating life's joyous milestones, sharing words of encouragement, or observing the wonder of everyday moments, this book is perfect for wishers of every age. **ISBN: 978-1452126999. [Available at Amazon.](#)**

A Teaspoon of Courage for Kids. Author: Bradley Trevor Greive. *A Teaspoon of Courage for Kids* offers a humorously warm and courageously supportive story line for those days when your child would rather crawl back under the covers than face up to a bully or take that dreaded test. It offers practical tips for courageous living. **ISBN: 978-0740769498. [Available at Amazon.](#)**

Girls Who Grew Up Great: A Book of Encouragement for Girls About Amazing Women Who Dared to Dream. Author: Gwendolyn Gray. Stories of some daring women who made a huge difference in the world. It's full of stories about girls who, as they grew up, dared to dream, conquered challenges, and made a better world for us all. The book includes words of wisdom from other women, like Susan B. Anthony, Helen Keller, Marie Curie, Anne Frank, Sheryl Swoopes, and Amelia Earhart. **ISBN: 978-0883967522. [Available at Amazon.](#)**



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Mo' Letters to Young Black Men: More Advice & Encouragement for a Difficult Journey. Author: Daniel Whyte III. In this sequel to the bestselling book, *Letters to Young Black Men: Advice & Encouragement for a Difficult Journey*, Daniel Whyte III addresses more issues facing young black men in today's world. In *Mo' Letters to Young Black Men*, he writes about such issues as: relationships, race, and much more. **ISBN: 978-0976348771.** [Available at Amazon.](#)

Required Reading for All Teenagers. Author: Douglas Pagels. This book combines the words of Douglas Pagels with the writings of famous, insightful people from the realms of sports and entertainment. It is a resource for caring and concerned parents who want to share some solid advice on how to both survive and thrive in the teenage years. **ISBN: 978-1598425994.** [Available at Amazon.](#)

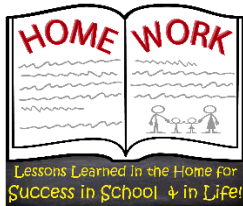
June Peters, You Will Change the World One Day. Author: Alika Turner. *June Peters, You Will Change the World One Day* aims to encourage young children by teaching them the value of giving back to others. Through this book, children will learn that at any age they can make a difference in the world around them. June, is a natural-born giver always putting the needs of others before her own. This book is thought-provoking and exciting, parents and children will both enjoy reading it. **ISBN: 978-0996877510.** [Available at Amazon.](#)

Curious You: On Your Way! Author: H.A. Rey. *Curious You: On Your Way!* helps to celebrate all the milestones of life. This inspirational story reminds readers young and old who are moving up or moving on that they have a special someone cheering for them as far as their curiosity can take them! **ISBN: 978-0618919758.** [Available at Amazon.](#)

Oh, the Places You'll Go! Author: Dr. Seuss. From the award-winning and creative Dr. Seuss comes this milestone recognition book for young kindergarten graduates. Seuss' message is simple but never sappy: life may be a 'Great Balancing Act,' but through it all 'There's fun to be done.'" **ISBN: 978-0375972959.** [Available at Amazon.](#)

Stand Tall, Stand Proud, and Aspire: A Book of Encouragement for Young Men of Today. Author: Dr. Andrea Berry-Opher. This book offers young men positive and diverse role models who they place in their repertoire as they mold their personalities, character, and lives. The leaders mentioned in this story have a positive impact on their communities and the nation. Many of them are icons both nationally and internationally. **ISBN: 978-1499050387.** [Available at Amazon.](#)

I Knew You Could!: A Book for All the Stops in Your Life. Author: Craig Dorfman. The determined Little Blue Engine is back, bringing inspiring and enlightening words of wisdom to graduates of all ages as they make the transition from one phase of life to the next. Readers will revisit the story again and again as they move forward along life's path. From "I think I can" to "I knew I could," *The Little Engine That Could*



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helps kids of all ages realize that anything is possible if you just put your mind to it. **ISBN: 978-0439672498. [Available at Amazon.](#)**

The Dot. Author: Peter H. Reynolds. Her teacher smiled. In this inspiring, award-winning story of self-expression and creativity from Peter H. Reynolds, illustrator of *Ish* and the *Judy Moody* series, Vashti thinks she can't draw. But her teacher is sure that she can. Peter H. Reynolds encourages even the stubbornly uncreative among us to make a mark - and follow where it takes us **ISBN: 978-1844281695. [Available at Amazon.](#)**

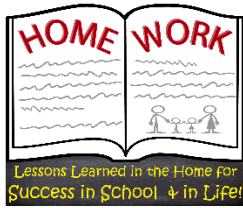
Looking for My Purpose In Life: A Children's Book of Encouragement. Author: Cynthia D. Johnson. Written to all young children of all nationalities, colors, genders and economic status. encouraging them to be empowered to venture out to find their purpose in life. A book of a poetic nature, full of excitement and fun. Children need to build and expand on their imagination to think about what it is they want for their future and step out without being fearful of what others may or may not think about them. **ISBN: 978-1545230145. [Available at Amazon.](#)**

Jabari Jumps. Author: Gaia Cornwall. In a sweetly appealing tale of overcoming your fears, Gaia Cornwall captures a moment between a patient, encouraging father and a determined little boy you can't help but root for. **ISBN: 978-0763678388. [Available at Amazon.](#)**

I Believe in You. Author: Marianne Richmond. *I Believe in You* showcases the spirit of a parent who is on a child's team no matter what. *I Believe in You* evocatively portrays the complex and tender emotions all parents have for their children. **ISBN: 978-1402262999. Available at: www.amazon.com**
https://www.amazon.com/I-Believe-You-Marianne-Richmond/dp/140226299X/ref=tmm_hrd_swatch_0?encoding=UTF8&qid=&sr=

We're All Wonders. Author. R.J. Palacio. *We're All Wonders* shows readers what it's like to live in Auggie's world—a world in which he feels like any other kid, but he's not always seen that way. *We're All Wonders* taps into every child's longing to belong and to be seen for who they truly are. It's the perfect way for families and educators to talk about empathy and kindness with young children. **ISBN: 978-1524769543. [Available at Amazon.](#)**

The Wonderful Things You Will Be. Author: Emily Winfield Martin. Emily Winfield Martin's rhythmic rhyme expresses all the loving things that parents think of when they look at their children. With beautiful, and sometimes humorous, illustrations, and a clever gatefold with kids in costumes, this is a book grown-ups will love reading over and over to kids—both young and old. **ISBN: 978-0385376716. [Available at Amazon.](#)**



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Steamboat School. Author: Deborah Hopkinson. Illus. by Ron Husband. Based on true events, Ron Husband's uplifting illustrations bring to life Deborah Hopkinson's tale of a resourceful, determined teacher; his bright, inquisitive students; and their refusal to accept discrimination based on the color of their skin. **ISBN: 978-1423121961.** [Available at Amazon.](#)

Go Louis! Author: Lisa Harris. With the help of Miss Mayberry, a few neighbors and the most popular girl in fifth-grade, Louis finds himself on the starting line of the Bunker County Bike Racing Championship! The odds are against him, but they believe he can win. Can he? **ISBN: 978-1542513647.** [Available at Amazon.](#)

I Believe in You. Author: Marianne Richmond. This book showcases the spirit of a parent who is on a child's team no matter what. From a best-selling author, Marianne's evocative text and beautiful illustrations will speak straight to a parent's heart, exploring that feeling of unwavering support, portraying the complex and tender emotions parents have for their children. **ISBN: 978-1402263446.** [Available at Amazon.](#)